



Teamwork, Respect and Fair Play

SISAC CONSTITUTION 2023-2024

APRIL 2023 (revised)

		v. TRANSGENDER STUDENT ATHLETES	10
ARTICLE I. ORGANIZATIONAL NAME	4	BY-LAW B. CORE SPORT DIVISIONS	11
ARTICLE II. MISSION STATEMENT	4	i. DIVISIONAL ALIGNMENT	11
ARTICLE III. MEMBERSHIP	4	BY-LAW C. SISAC SEASONS	11
SECTION III.1 MEMBER SCHOOLS	4	BY-LAW D. LEAGUE PLAY	12
SECTION III.2 MEMBERSHIP RESPONSIBILITIES	4	i. LEAGUE PLAY	12
ARTICLE IV. GOVERNANCE	5	ii. LEAGUE TABLE POINTS	12
SECTION IV.1 OVERSIGHT	5	iii. PLAY-OFF STRUCTURE	13
SECTION IV.2 SISAC REQUIRED MEETINGS	5	(a) 7 Team League	13
(a) HEAD COUNCIL MEETINGS	5	(b) 8 (or more) Team League	13
(b) ATHLETIC DIRECTOR MEETINGS	5	(c) Playoff Eligibility - Participation	13
ARTICLE V. MEMBERSHIP APPLICANTS	6	iv. TIE BREAKING PROCEDURE	13
SECTION V.1 MEMBERSHIP POLICY & PROCEDURE FOR NEW MEMBERSHIP	6	v. ALL STAR TEAM	14
SECTION V.2 FAILURE TO MEET MEMBERSHIP REQUIREMENTS	7	vi. HOST SCHOOL EXPECTATIONS	14
SECTION V.3 LOSS OF MEMBERSHIP	7	BY-LAW E. GAME DAYS	14
ARTICLE VI. SISAC HEADS COUNCIL & SISAC EXECUTIVE COMMITTEE	7	BY-LAW F. INCLEMENT WEATHER GUIDELINES	15
SECTION VI.1 SISAC HEADS COUNCIL	7	i. AIR POLLUTION	15
(a) COMPOSITION	7	ii. THUNDERSTORM WARNING	15
(b) DUTIES	8	iii. TYPHOON SIGNAL	15
(i) Duties of the Chair	8	iv. EXTREME HEAT	16
(ii) Duties of SISAC Heads	8	BY-LAW G. SISAC WEBSITE	16
SECTION VI.2 SISAC AD EXECUTIVE COMMITTEE	8	BY-LAW H. SISAC SPORTS SPECIFIC RULES & REGULATIONS	16
(a) COMPOSITION	8	i. HIGH SCHOOL VOLLEYBALL	16
(b) DUTIES	8	ii. HIGH SCHOOL BASKETBALL	17
(i) Duties of The Chair	8	iii. HIGH SCHOOL SOCCER	18
(ii) Duties of The Co-Chair	8	iv. MIDDLE SCHOOL SOCCER	20
(iii) Duties of all School Representatives (AD's)	8	v. MIDDLE SCHOOL TOUCH RUGBY	21
(c) SISAC EXECUTIVE TERMS	9	vi. MIDDLE SCHOOL VOLLEYBALL	22
(i) SISAC Chair	9	vii. MIDDLE SCHOOL BASKETBALL	23
(ii) SISAC Co-Chair	9	viii. JUNIOR SCHOOL SOCCER	25
(d) SISAC EXECUTIVE COMMITTEE FOR 2023-2024	9	ix. JUNIOR SCHOOL (U11) BASKETBALL 5v5	25
ARTICLE VII. EXPENSES	9	x. JUNIOR SCHOOL (U9) BASKETBALL 3v3	26
SISAC BY-LAWS	9	xi. JUNIOR SCHOOL TOUCH RUGBY	26
BY-LAW A. STUDENT ELIGIBILITY	9	xii. JUNIOR SCHOOL BADMINTON	27
i. JUNIOR SCHOOL (U9)	9	BY-LAW I. INVITATIONAL SPORTS	29
ii. JUNIOR SCHOOL (U11)	10	i. AGE ELIGIBILITY FOR INVITATIONALS	29
iii. MIDDLE SCHOOL (U14)	10	BY-LAW J. CODES OF BEHAVIOUR	29
iv. HIGH SCHOOL (U19)	10	i. COACHES BEHAVIOUR	29
		ii. STUDENTS BEHAVIOUR	29
		iii. PARENTS BEHAVIOUR	30

BY-LAW K. HEALTH AND SAFETY	30
APPENDIX: 1	31
SISAC Underage Athlete Application Form	31

Article I. ORGANIZATIONAL NAME

The name of this association shall be **Shenzhen International Schools' Athletic Conference** hereinafter referred to as **SISAC**.

Article II. MISSION STATEMENT

The mission of Shenzhen International Schools' Athletics Conference is to promote healthy opportunities for participation in competitive sport for Junior, Middle and High School students. This will be achieved by providing regular, structured sports events for International School students in Shenzhen. The emphasis of all sporting contests will be on fair play, teamwork, and respect.

Article III. MEMBERSHIP

Section III.1 MEMBER SCHOOLS

School	Colours	Mascot
BASIS International School (BISZ)	Blue/White	Barracudas
Harrow International School (HIS)	Blue/White	Lions
International School of Nanshan Shenzhen (ISNS)	Maroon/Grey	Phoenix
Quality Schools International (QSI)	Blue/Yellow	Dragons
Shekou International School (SIS)	Red/Black	Geckos
Shen Wai International School (SWIS)	Green/White	Rocs
Shenzhen College of International Education (SCIE)	Maroon/White/ Navy	Storm
Shenzhen Oasis International School (SOIS)	Black/White/Blue	Typhoons

Every consideration is made to maintain membership status for founding member schools.

Section III.2 MEMBERSHIP RESPONSIBILITIES

All Member Schools:

1. Must abide by the member schools' rules and protocols.
2. Must abide by the Articles of the Handbook, rules, and regulations and by-laws of SISAC
3. Must provide a nurse, doctor or designated medical professional for games.
4. Have representation at all SISAC meetings pertaining to their school and the division.
5. Annually provide a middle school (U14) and a high school (U19) male and female team for Soccer, Basketball and Volleyball (3 Core Sports). Provide justification when this condition cannot be met.
6. Endeavour to field a team at the middle and high school level in all invitational sports – badminton, cross country, swimming, track and field.
7. Are responsible for providing adequate facilities and officials for league games, play-offs and invitationals.

8. Are invited to participate in Junior School events (U9 and U11). Participation is not required as part of full membership. Junior school events are set for SISAC member schools only but may include candidate schools.
9. Are responsible for the cost of travel to away games throughout each season.
10. Are responsible for hosting play-off events at least once per year at both the middle school and high school level.
11. Must ensure that its teams wear uniforms which distinguishes their school.
12. Must provide a contact person for all events (activities/athletic director).
13. Must have at least one English-speaking supervisor present at each event
14. Must participate fully (both hosting and attending) in boys' and girls' volleyball, basketball, and soccer during the probationary years (Article II);
15. Must host the required number of SISAC events as agreed upon by Member Schools at the SISAC AD Spring meeting; (2 events)
16. Expected to follow the standard of official communications to be shared by email including official documents. Athletics Directors are expected to use email as a primary form of communication for discussions and planning. WeChat should only be used for event communication or collecting season results or information

Article IV. GOVERNANCE

Shenzhen International Schools Athletic Conference or SISAC will be operated by a two-tier governance structure consisting of the SISAC Heads Council and the SISAC Athletic Directors committee, representative from each school, normally the Athletic Director.

Section IV.1 OVERSIGHT

The SISAC Heads Council oversees the operation of SISAC. The SISAC Heads Council is composed of the Head or designate from each SISAC member school.

Section IV.2 SISAC REQUIRED MEETINGS

(a) HEAD COUNCIL MEETINGS

1. The Heads Council will meet in the Fall (September/October) and Spring (May/June) following the SISAC Athletic Director Meeting.
2. The Heads Council is led by the SISAC Heads Council Chair.
3. The Heads Council reviews all motions passed in the SISAC Athletic Director Meeting.
4. A quorum of 75% of the Heads Council must be present for any motions to be reviewed.
5. A 75% majority of votes are required to pass any motion at the Heads Council.

(b) ATHLETIC DIRECTOR MEETINGS

1. SISAC Athletic Directors will meet in the Fall (August/September) and Spring (April/May).
2. Each SISAC member school must send one delegate to the SISAC Athletic Directors meeting.

3. The SISAC Athletic Directors meeting is led by the AD SISAC Chair.
4. Motions for changes must be submitted to the SISAC AD Chair at least two weeks prior to the meeting.
5. Each member school is permitted one vote on motions floored at the meeting. There must be a majority vote in order for a motion to be passed. ADs must abstain from any voting on any issue that does not apply to its Division.
6. All passed motions are submitted to the SISAC Heads Chair.

Article V. MEMBERSHIP APPLICANTS

Section V.1 MEMBERSHIP POLICY & PROCEDURE FOR NEW MEMBERSHIP

Prospective schools seeking SISAC membership must:

- Review membership requirements outlined in the SISAC Handbook before applying
- Complete the online application form on the SISAC website before January 1st, 2022

It is the role of the AD Executive Committee to review the candidate school's application. In reviewing the application, may conduct a site visit, meet with the school leadership and candidate school's AD in order to develop a recommendation for membership.

Factors that are considered in a candidate school's membership include the schools:

- Demographics, size and location
- Curriculum
- Athletic philosophy
- Membership with any other sporting organizations
- Alignment with SISAC seasons
- License
- Ability and willingness to abide by the SISAC rules and regulations

The Executive committee is responsible to present their findings to the Athletic Directors representatives at the Spring SISAC Athletic Director's Meeting. A recommendation regarding the application is compiled and sent to the Heads Council as a motion.

The Executive Committee presents the recommendation to the Heads Council. Members of the Heads Council may ask the members of the Executive committee for clarification regarding the application.

A decision on a SISAC membership application is made by the Heads Council. Acceptance or Rejection of the application is communicated by the Heads Council Chair to the candidate school, and the SISAC Athletic Director Executive.

If a candidate school is accepted, the SISAC Athletic Director Executive begins preparations to admit the school within the league's designation.

Once accepted, the candidate school has full voting rights in the Heads Council meeting and Athletic Director meeting.

If a candidate school is rejected, it may apply again in the following year through the same process and timeline. The Heads Council is not required to provide a justification for the rejection of application.

Section V.2 FAILURE TO MEET MEMBERSHIP REQUIREMENTS

All member schools must endeavor to fulfill SISAC membership requirements.

Any perceived failures of member schools to meet the membership requirements should be forwarded to the Executive Committee.

The Executive Committee will notify the school of concern's AD of a perceived failure to meet the membership requirements in writing and copied to all SISAC ADs. The Executive Committee will seek a resolution to the perceived failure of the membership requirements with the school of concern's AD. A letter outlining the resolution is sent to the SISAC ADs.

Serious or repetitive, or unresolved perceptions of failure to meet membership requirements must be reported to the Head Council through the Head Council Chair.

Section V.3 LOSS OF MEMBERSHIP

All member schools must fulfill SISAC membership requirements. Member schools that exhibit serious or repetitive failures to meet the membership requirements as determined by the SISAC Heads Council, will be placed on probation for one academic year.

During the probationary period, the school must demonstrate that it can consistently meet the membership requirements.

At the end of the probation period, the Heads Council meets to determine:

- i. Full reinstatement as a member school.
- ii. A one-year extension of probation.
- iii. Revocation of membership.

Note: Probationary schools retain their right to vote.

Article VI. SISAC HEADS COUNCIL & SISAC EXECUTIVE COMMITTEE

Section VI.1 SISAC HEADS COUNCIL

(a) COMPOSITION

- The Heads Council consists of the Head or designate from each SISAC member school.
- A Heads Council Chair is selected from the Heads Council each year at the Spring meeting.

- Should the Heads Council Chair be unable to serve his or her term, a new Chair will be selected at the fall meeting.

(b) *DUTIES*

(i) *Duties of the Chair*

- Attend all meetings
- Prepare the agenda for meetings.
- Serve as the contact person for the AD Executive Committee.
- Seeks continuous improvement of SISAC.

(ii) *Duties of SISAC Heads*

- Represent their school's interest.
- Select and support an AD or designate to represent their respective school at SISAC AD meetings.

Section VI.2 SISAC AD EXECUTIVE COMMITTEE

(a) *COMPOSITION*

- The SISAC Executive Committee will consist of the Chair and one Co-Chair.
- Elections will be held annually at the Spring AGM. Member schools are permitted one vote each.

(b) *DUTIES*

(i) *Duties of The Chair*

- Shall attend all meetings of the conference. i.e., AGM, Fall meeting, Executive etc.
- Shall prepare an agenda for the AGM/Fall meetings – email this to member AD's in advance.
- Shall update the SISAC Handbook
- Shall be the main source of contact between member schools and their AD's
- Will seek ongoing improvement of SISAC and its competitions

(ii) *Duties of The Co-Chair*

- Shall attend all meetings of the conference. i.e.; AGM, Fall meeting, Executive etc.
- Shall assist in the fulfillment of all of the duties of the Chair as needed
- Collect weekly results via WeChat and update the SISAC website

(iii) *Duties of all School Representatives (AD's)*

- Are appointed by the school and shall represent the school in all SISAC matters. A representative of a member school should be the Athletic Director, Activities Director, or a qualified teacher in a comparable position within the school's organizational structure.
- Shall host weekly/bi-weekly league games
- Shall host one annual play-off event at both MS and HS level
- Ensure coaches report weekly results via WeChat to the SISAC Chair

- Vote on all motions raised at the AGM

(c) SISAC EXECUTIVE TERMS

(i) SISAC Chair

At the end of a term or an announced vacancy, the member Athletic Directors/designated representatives will vote at the Spring AGM to recommend a new SISAC Chair. He/she must be an Athletic Director (or equivalent title) from a member school who has been at a member school for at least one year. Maximum term for the Chair is 3 years.

(ii) SISAC Co-Chair

At the end of a term or an announced vacancy, the member Athletic Directors/designated representatives will vote at the Spring AGM to recommend new SISAC Co-Chair(s). He/she must be an Athletic Director (or equivalent title) from a member school. The Co-Chair position(s) will be re-elected every 2 years with nominations accepted from any current Athletic Directors (or equivalent title).

(d) SISAC EXECUTIVE COMMITTEE FOR 2023-2024

- a. CHAIR – Allan Moore (SWIS) - 2025
- b. CO-CHAIR – Thomas Mathews (SIS) - 2024

Article VII. EXPENSES

- Each school is responsible for all their team costs (equipment, uniforms, coaches, facilities).
- Each school is responsible for providing officials of both adequate quality and quantity for all sports, excluding basketball
- 5 Star Sports is the official association contracted to referee all SISAC basketball games
- All schools must pay the shared fee associated with refereeing costs payable directly to 5 Star Sports
- If a school does not pay the fee, refer to Article VI regarding disciplinary action
- Each school will host one play-off event each year. The host school is responsible for the cost of this event.

SISAC BY-LAWS

BY-LAW A. STUDENT ELIGIBILITY

i. JUNIOR SCHOOL (U9)

Students participating in SISAC-JS U9 events must be enrolled in Primary school (grade 2-3 or years 3-4)

- Students born in **2014** but enrolled within primary school grades 4-5 or years 5-6 (U11) are permitted to play SISAC-PS U9 sports.

- Girls of the correct age level are permitted to participate on boys' teams whenever a girls' team does not exist for them to participate on.

ii. JUNIOR SCHOOL (U11)

Students participating in SISAC-JS U11 events must be enrolled in Primary school (grade 4-5 or years 5-6)

- Students born in **2012** but enrolled within middle school grades (grade 6+ or year 7+) are not permitted to play SISAC-PS sports.
- Girls of the correct age level are permitted to participate on boys' teams whenever a girls' team does not exist for them to participate on.

iii. MIDDLE SCHOOL (U14)

Students participating in SISAC-MS events must be enrolled in middle school (grade 6-8 or years 7-9)

- Students born in **2009** but enrolled within high school grades (grade 9+ or year 10+) are not permitted to play SISAC-MS sports.
- Girls of the correct age level are permitted to participate on boys' teams whenever a girls' team does not exist for them to participate on.

Schools must be prepared to provide proof of age to the tournament director if requested.

iv. HIGH SCHOOL (U19)

Students participating in SISAC-HS events must be enrolled in high school (grade 9-12 or years 10-13)

- Middle School students are eligible to play in High School teams as long as it is not at the expense of a High School student. The purpose should be to fill a team roster to the minimum required (see sport rules) and not used to gain a competitive advantage.
- Girls of the correct age level are permitted to participate on boys' teams whenever a girls' team does not exist for them to participate on.

Schools must be prepared to provide proof of age to the tournament director if requested.

Any applications for the use of underage players should be submitted to the SISAC Executive by completing the **SISAC Underage Athlete Application Form** prior to the first league game.

v. TRANSGENDER STUDENT ATHLETES

SISAC aims to support transgender students while also being conscious of the safety and wellbeing of all students. Each case will be handled by the host school and participating schools.

BY-LAW B. CORE SPORT DIVISIONS

i. DIVISIONAL ALIGNMENT

In SISAC core sports (volleyball, basketball and soccer) there will be a maximum of 7 teams per division. With 8 teams or more the following is recommended:

- Two divisions of 4
- One five team and one 4 team division
- Two 5 team divisions

*it is recommended that teams play a maximum of 6 league games and a minimum of 4(3), excluding play-offs

- Divisions are confirmed at the fall meeting and based on the season's final standings.
- When required, each school will receive points for their placement in each of the major sports (volleyball, basketball, soccer) for the season. For example, Girls HS Volleyball winner will receive 7 points, 2nd place will receive 6 points, etc.
- A school's combined total from HS boys and girls core sports will be used to determine seeding.
- A schools combined total from MS boys and girls core sports will be used to determine seeding

Pool A	Pool B
<i>seed 1</i>	<i>seed 2</i>
<i>seed 4</i>	<i>seed 3</i>
<i>seed 5</i>	<i>seed 6</i>
<i>seed 8</i>	<i>seed 7</i>

BY-LAW C. SISAC SEASONS

To promote equality among all SISAC schools of various sizes, teams will not compete in regulated competitions or run formal team practice outside of the SISAC season. Seasons may vary slightly each year to accommodate membership in additional organizations. Season dates for each sport will be determined at the annual SISAC Spring Meetings. A two-week 'grace' period will be allotted [to use at the school's discretion] to practice, hold camps or participate in games outside of a team's competitive season.

Elementary School core sports will take the form of half day tournament/exchange. Event organizers must follow established and approved tournament formats (see Tournament Format

Appendix) set forth by the SISAC organization. Any change in format must be approved by the Executive Committee at least one month in advance of the event.

HIGH SCHOOL (U19) CORE SPORT SEASONS

Season 1 (August – November)

Volleyball

Season 2 (November – February)

Basketball

Season 3 (February – May)

Soccer

MIDDLE SCHOOL (U14) CORE SPORT SEASONS

Season 1 (August – October)

Soccer

Season 2 (October – December)

*Touch Rugby *Invitational*

Season 3 (January – Mid March)

Volleyball

Season 4 (Mid March – May)

Basketball

JUNIOR SCHOOL (U11&9) CORE SPORT SEASONS

Season 1 (August – Jan/Feb)

Basketball

Season 2 (Feb – May)

Soccer

BY-LAW D. LEAGUE PLAY

i. LEAGUE PLAY

During the league season, each school will play every other school at least once within the division or pool in their division/pool, (Article XII). A running league table will be kept by the SISAC Exec and posted on the SISAC website.

ii. LEAGUE TABLE POINTS

Teams will be awarded the following points based on the result:

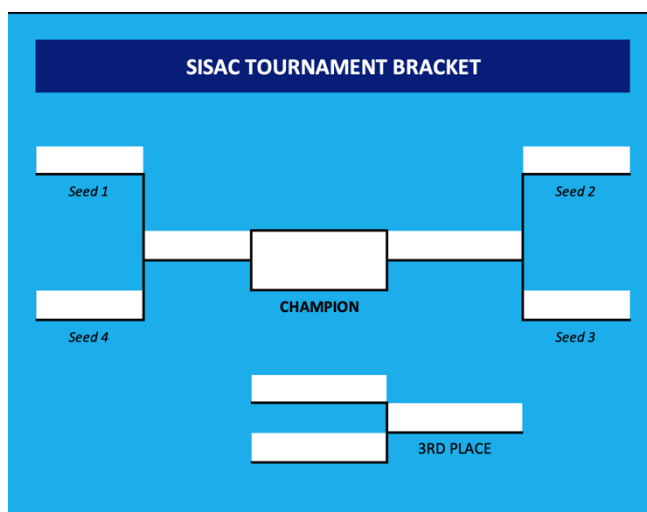
- 3 Points for a win
- 1 Point for a draw
- 0 Points for a loss
- 0 Points for DNP
 - *A withdrawal will be counted as a loss
 - ** DNP due to inclement weather will count as a draw

- (SISAC Exec should be notified immediately)

iii. PLAY-OFF STRUCTURE

(a) 7 Team League

After all league games have been played, the schools in the top 4 positions in the league will qualify for the play-offs. They will proceed directly to the semi-finals where 1st will play 4th and 2nd will play 3rd. This will be followed by the final to determine the season's champions.



(b) 8 (or more) Team League

After all league games have been played, the schools in the top 2 positions of each pool will qualify for play-offs. They will proceed directly to the semifinals, with the winners from each pool playing the runners up in the other. This will be followed by the final to determine the season's champions

* If the 2 pools contain 4 teams in each, then the same style of play-offs as mentioned above, will be played for the bottom two teams in each pool.

(c) Playoff Eligibility - Participation

If a team has not scheduled all of their games before the season begins (defined as the first competition between 2 SISAC schools), then they are ineligible for the playoffs.

Teams that do not play the majority of their season scheduled games (defined as 4 games participation in 6,7 or 8 team formats) will be ineligible for the playoffs.

iv. TIE BREAKING PROCEDURE

Refer to core sport SISAC Sport by-laws if **two or three** teams are tied at the end of their respective season

If **four** teams are tied at the end of their respective season, the following will determine the order of standings:

- 1) Head-to-Head records between tied teams
 - a) Head-to-head results between teams with best records [between tied teams]
- 2) Point (football/basketball) or set differential (volleyball) between those (2) teams
- 3) Overall point differential

*For all 3 core sports, the league trophy (shield) will be presented to the school finishing in 1st place.

v. *ALL STAR TEAM*

Each Play-Off Event will also see an all-star team awarded with individual medals.

- Teams who qualify for a play-off event will get **3 selections, per team**
- Teams that don't qualify for a play-off event will get **2 selections, per team**
- The all-star team will be determined based on the head coach selecting students from their team.

vi. *HOST SCHOOL EXPECTATIONS*

For league games and play-offs, the host school is expected to provide:

- Suitable facilities to host the specific sport
- All equipment including warm up balls
- Knowledgeable referees who will remain entirely neutral
- Provide certified medical staff at every league game and tournament
- Traveling plaque available from previous years winners
- Winning team to update
- All-Star Team Individual Medals (For Play-Offs Only) x12
- All-Star Team Individual Medals (For non-Play-Offs Teams) - 2 per school as required
- Medals for 1st and 2nd place winners (For Play-Offs Only) x15
- Provide Event Information/ Packages as follows:
 - 1 month prior to invitationals
 - 1 week prior to playoffs
- Confirm hosted games with visiting schools, including location, times, jersey colors

*For all 3 core sports, the league trophy (shield) will be presented to the school finishing in 1st place.

If a school fails to meet the expectations above, disciplinary action may occur. Please refer to Article VI.

BY-LAW E. GAME DAYS

Scheduling will be completed at the Spring AGM:

- 1) Middle School games and play-offs will be encouraged to take place on Thursday afternoons.
- 2) High School games and play-offs will be encouraged to take place on Monday afternoons.
- 3) Matches will begin at 16:00, unless stated in the schedule or agreed upon otherwise between both teams
- 4) Schools are expected to have 2 adults travel to game venues for safety purposes.

Note that any exception to the above will be reflected in the SISAC Calendar prior to the beginning of that academic year.

BY-LAW F. INCLEMENT WEATHER GUIDELINES

These guidelines are meant to act as a baseline, all SISAC schools will abide by when hosting or attending any event. Host schools can add additional school or venue-specific protocols and procedures.

Safety is the greatest priority. Any event may be canceled by the host if it is viewed as unsafe.

- 1) Decisions to cancel an event must be made by the host and communicated to all participating schools by 14:00 at the latest.
- 2) In the event that a soccer/touch rugby match starts but is stopped during play.
 - a) If 25 mins or more of a soccer/touch rugby match have passed, it will be called as a final score.
 - b) If less than 25 mins have passed, teams will attempt to reschedule the match. If the match cannot be rescheduled both teams will record a draw.

i. AIR POLLUTION

- 1) Outdoor activities shall be postponed if the Air Quality Health Index (AQI) is 200 or above at the GENERAL station closest to the venue where the event is to be held.
- 2) If your school policy is below the 200 then it is your school's responsibility to contact the opposition with adequate time.

ii. THUNDERSTORM WARNING

- 1) The Meteorological Bureau of Shenzhen Municipality warning signals should be used as advice; however, localized weather conditions will be used in making the final decision.
- 2) Orange/Red Rain Warning:
 - a) Outdoor activities shall be postponed if an Orange or Red Rainstorm warning is in place at the time of the event.

iii. TYPHOON SIGNAL

Outdoor activities shall be postponed if a Yellow Typhoon warning is issued or imminent at the time of the event.

iv. EXTREME HEAT

In the case of high temperatures, it is the responsibility of the schools involved to take appropriate precautions. Risk needs to be identified, monitored, and managed appropriately. If the Meteorological Bureau of Shenzhen Municipality issues a Yellow warning, staff at fixtures should strictly monitor participants, provide regular and mandatory water breaks during competition and make use of shade when possible. In the eventuality of a heat index of 37 degrees Celsius outdoor activity should be postponed/canceled.

BY-LAW G. SISAC WEBSITE

The official SISAC website is: sisac.weebly.com.

This website will be updated regularly to contain:

- List of Member Schools
- Game/Play-Off Dates and Hosts
- League Results and Standings
- Past Winners/SISAC History
- Downloadable Forms – SISAC Handbook, SISAC Logo etc.

Tournament invitations, All-Star voting sheets and more can be found under 'Downloadable Documents' on our website.

BY-LAW H. SISAC SPORTS SPECIFIC RULES & REGULATIONS

i. HIGH SCHOOL VOLLEYBALL

SISAC Volleyball Games will follow official (2021-24) FIVB rules,

https://www.fivb.com/en/volleyball/thegame_glossary/officialrulesofthegames

except for the following amendments:

A. ELIGIBILITY:

- All players must be eligible for the competition as outlined in the SISAC Handbook

B. TEAM COMPOSITION:

- Squad sizes on match days for each set can be up to 12 but can be different for each set.
- Recommended minimum squad size is 8 for competition.

C. LEAGUE RULES:

- Matches are best of 3 sets. The first two will be played to 25 points and (if necessary) the third to 15 points. (A team must win by 2 points)
- If time permits, a 4-4-2 warm up system will be used for all matches.
- The Libero Rule will not be employed at Middle School level, but can be utilized at High School level

- Unlimited substitutions are permitted, but the same players must replace each other (E.g. 7 replaces 1. Then 1 replaces 7), meaning a maximum of 12 players can be used in each set. After each set, this is reset.

D. **UNIFORMS**

- The team's uniforms must be clearly numbered, and every member must have matching top and shorts
- Libero players must wear a contrasting color and be numbered
- NO spectacles are allowed (sport goggles/contacts are permitted).

E. **EQUIPMENT**

- Games will use the following heights: Boys will play on a net height of 2.43m, girls on a net height of 2.24m.

F. **TIE-BREAKING PROCEDURE**

- If two or three teams are tied at the end of their respective season, the following will determine the order of standings:
 1. Head-to-Head
 2. The difference between the total sets won and lost between tied teams
 3. The difference between the total sets won and lost in all matches
 4. The difference between the total points scored and lost between tied teams
 5. The difference between the total points scored and lost in all matches
 6. Once a three or four way tie is resolved, then the process begins again from step 1 for the remaining teams.

G. **PROTESTS**

- Protests from core sport games must be submitted to SISAC Exec within 48 hours of the incident/ game.

H. **DISCIPLINE**

- If a team is forced to forfeit a game, the score will be recorded as a 2-0 loss

ii. *HIGH SCHOOL BASKETBALL*

SISAC Basketball Games will follow official (2022) FIBA rules,

<https://www.fiba.basketball/documents/official-basketball-rules/current.pdf>

except for the following amendments:

A. **ELIGIBILITY:**

- All players must be eligible for the competition as outlined in the SISAC Handbook

B. **TEAM COMPOSITION:**

- Squad sizes on match days can be up to 12.
- Recommended minimum squad size is 7 for competition.

C. **LEAGUE RULES:**

- Games will be 4 x 7 minute quarters with stopped time
 - 30-second shot clock
- Overtime periods will be 3 minutes (stopped time) and will begin with a jump ball
- Possession Arrow: A jump ball will begin the game followed by alternating possessions for any subsequent jump ball situation.
- Unlimited substitutions are allowed on any whistle, but not between free throws.
- Teams are permitted 2 timeouts in the first half and 3 in the second. These will each last 1 minute.

D. **UNIFORMS**

- The team's uniforms must be clearly numbered and every member must have matching top and shorts`
- NO spectacles are allowed (sport goggles/contacts are permitted).

E. **EQUIPMENT**

- Girls will use a Size 6 ball; Boys will use a Size 7 ball

F. **TIE-BREAKING PROCEDURE**

1. Head-to-Head result
2. Scored Point differential in games between tied teams
3. Points conceded in games between tied teams
4. Overall point differential in all games
5. Coin Toss

G. **PROTESTS**

- Protests from core sport games must be submitted to SISAC Exec within 48 hours of the incident/ game.

H. **DISCIPLINE**

- If a team is forced to forfeit a game, the score will be recorded as a 10-0 loss

iii. HIGH SCHOOL SOCCER

SISAC Soccer Games will follow official FIFA rules,

<https://downloads.theifab.com/downloads/laws-of-the-game-2022-23?l=en>

except for the following amendments:

A. **ELIGIBILITY:**

- All players must be eligible for the competition as outlined in the SISAC Handbook

B. **TEAM COMPOSITION:**

- Squad sizes on match days can be up to 12.
- Recommended minimum squad size of 9 players.

C. LEAGUE RULES:

- Games will be 7 v 7 (One Goalkeeper + 6 Outfield Players)
- Games will be 2 halves of 20 minutes, with a 5-minute half time
- There will be no offside rule applied. Unlimited rolling subs will be used
- Mercy Rule - if a team is up by 5 goals, coaches are encouraged to use their bench to balance the game while the 5-goal differential exists.

D. UNIFORMS

- The team's uniforms must be clearly numbered and every member must have matching top and shorts
- NO spectacles are allowed (sport goggles/ contacts are permitted).
- ALL players MUST wear shin pads/guards and long socks.
- Goalkeepers are required to wear a different coloured jersey to the outfield players

E. EQUIPMENT

- Matches will use a Size 5 ball.
- Field sizes and goals will vary depending on the host school. The penalty spot should be roughly 9 meters from the goal line

F. PLAYOFFS

- In play-offs where draws are not permitted (knock-out games), 2 x 5 minutes of extra time will be played. There will be no silver or golden goal rule. If there is still no winner, a penalty shootout will be held with 3 penalty takers from each team

G. TIE-BREAKING PROCEDURE

1. Head-to-Head result
2. Goal differential in games between tied teams
3. Overall goal differential in all games
4. Most goals conceded in all games
5. Coin Toss
6. Once a three or four way tie is resolved, then the process begins again from step 1 for the remaining teams.

H. PROTESTS

- Protests from core sport games must be submitted to SISAC Exec within 48 hours of the incident/ game.

I. DISCIPLINE

- If a team is forced to forfeit a game, the score will be recorded as a 3-0 loss
- If a player receives a red-card, the SISAC Chair should be informed and the player will miss the next league/playoff game

iv. MIDDLE SCHOOL SOCCER

SISAC Soccer Games will follow official FIFA rules,

<https://downloads.theifab.com/downloads/laws-of-the-game-2022-23?l=en>

except for the following amendments:

A. **ELIGIBILITY:**

- All players must be eligible for the competition as outlined in the SISAC Handbook

B. **TEAM COMPOSITION:**

- Squad sizes on match days can be up to 12.
- Recommended minimum squad size of 9 players.

C. **LEAGUE RULES:**

- Games will be 7 v 7 (One Goalkeeper + 6 Outfield Players)
- Games will be 2 halves of 20 minutes, with a 5-minute half time
- There will be no offside rule applied. Unlimited rolling subs will be used
- **Mercy Rule - if a team is up by 5 goals, coaches are encouraged to use their bench to balance the game while the 5-goal differential exists.**

D. **UNIFORMS**

- The team's uniforms must be clearly numbered and every member must have matching top and shorts
- NO spectacles are allowed (sport goggles/ contacts are permitted).
- ALL players MUST wear shin pads/guards and long socks.
- Goalkeepers are required to wear a different coloured jersey to the outfield players

E. **EQUIPMENT**

- Matches will use a Size 5 ball.
- Field sizes and goals will vary depending on the host school. The penalty spot should be roughly 9 meters from the goal line

F. **PLAYOFFS**

- In play-offs where draws are not permitted (knock-out games), 2 x 5 minutes of extra time will be played. There will be no silver or golden goal rule. If there is still no winner, a penalty shootout will be held with 3 penalty takers from each team

G. **TIE-BREAKING PROCEDURE**

1. Head-to-Head result
2. Goal differential in games between tied teams
3. Overall goal differential in all games
4. Most goals conceded in all games
5. Coin Toss
6. Once a three or four way tie is resolved, then the process begins again from step 1 for the remaining teams.

H. **PROTESTS**

- Protests from core sport games must be submitted to SISAC Exec within 48 hours of the incident/ game.

I. **DISCIPLINE**

- If a team is forced to forfeit a game, the score will be recorded as a 3-0 loss
- If a player receives a red-card, the SISAC Chair should be informed and the player will miss the next league/playoff game

v. *MIDDLE SCHOOL TOUCH RUGBY*

SISAC Touch Rugby Games will follow official FIT rules,

<https://cdn.internationaltouch.org/public/FIT%205th%20Edition%20Rulebook.pdf>

except for the following amendments:

A. **ELIGIBILITY:**

- All players must be eligible for the competition as outlined in the SISAC Handbook

B. **TEAM COMPOSITION:**

- Maximum roster size shall be 12 players.
- Recommended minimum roster should be 8.

C. **LEAGUE RULES:**

- Match Length
 - Games will be played over 2 halves of 15 minutes each.
 - There shall be 5 minutes for half time.
- Matches shall be played 6 vs. 6 players
- Substitutions
 - An unlimited number of substitutions are permitted in each match.
 - Play does not stop for substitutions.
 - Substitutions shall be allowed at any time during the game.
- Drop off rule for all games. Games do not end in a draw.

*Drop-off: The following procedure will be utilized to establish a single winner:

- Drop off commences with a tap from halfway by the team that did not start the match with possession
- Teams reduced to 4v4 for a 2-minute period. If still a draw, 3v3 sudden death.

D. **UNIFORMS**

- The team's uniforms must be clearly numbered and every member must have matching top and shorts`
- NO spectacles are allowed (sport goggles/contacts are permitted).

E. EQUIPMENT

- Matches will use a Size 5 ball.
- Field sizes and goals will vary depending on the host school. The penalty spot should be roughly 9 meters from the goal line

F. PLAYOFFS

- In play-offs where draws are not permitted (knock-out games), 2 x 5 minutes of extra time will be played. There will be no silver or golden goal rule. If there is still no winner, a penalty shootout will be held with 3 penalty takers from each team

G. TIE-BREAKING PROCEDURE

1. Head-to-Head result
2. Try differential in games between tied teams
3. Tries conceded in games between tied teams
4. Overall try differential in all games
5. Coin Toss
6. Once a three or four way tie is resolved, then the process begins again from step 1 for the remaining teams.

H. PROTESTS

- Protests from core sport games must be submitted to SISAC Exec within 48 hours of the incident/ game.

I. DISCIPLINE

- If a team is forced to forfeit a game, the score will be recorded as a 5-0 loss
- (A maximum point differential of 10 points will be used for calculations.)

vi. MIDDLE SCHOOL VOLLEYBALL

SISAC Volleyball Games will follow official (2017-20) FIVB rules,

https://www.fivb.com/en/volleyball/thegame_glossary/officialrulesofthegames

except for the following amendments:

A. ELIGIBILITY:

- All players must be eligible for the competition as outlined in the SISAC Handbook

B. TEAM COMPOSITION:

- Squad sizes on match days for each set can be up to 12 but can be different for each set.
- Recommended minimum squad size is 8 for competition.

C. LEAGUE RULES:

- Mercy rule will be applied anytime a server scores 7 points in a row. The serving team will rotate to the next server to continue the game.

- Matches are best of 3 sets. The first two will be played to 25 points and (if necessary) the third to 15 points. (A team must win by 2 points)
- If time permits, a 4-4-2 warm up system will be used for all matches.
- The Libero Rule will not be employed at Middle School level, but can be utilized at High School level.
- Unlimited substitutions are permitted, but the same players must replace each other (E.g. 7 replaces 1. Then 1 replaces 7), meaning a maximum of 12 players can be used in each set. After each set, this is reset.

D. UNIFORMS

- The team's uniforms must be clearly numbered and every member must have matching top and shorts
- Libero players must wear a contrasting colour and be numbered
- NO spectacles are allowed (sport goggles/contacts are permitted).

E. EQUIPMENT

- Games will use the following heights: Boys will play on a net height of 2.24m, girls on a net height of 2.15m.

F. TIE-BREAKING PROCEDURE

- If two or three teams are tied at the end of their respective season, the following will determine the order of standings:
 1. Head-to-Head
 2. The difference between the total sets won and lost between tied teams
 3. The difference between the total sets won and lost in all matches
 4. The difference between the total points scored and lost between tied teams
 5. The difference between the total points scored and lost in all matches
 6. Once a three or four way tie is resolved, then the process begins again from step 1 for the remaining teams.

G. PROTESTS

- Protests from core sport games must be submitted to SISAC Exec within 48 hours of the incident/ game.

H. DISCIPLINE

- If a team is forced to forfeit a game, the score will be recorded as a 2-0 loss

vii. MIDDLE SCHOOL BASKETBALL

SISAC Basketball Games will follow official (2022) FIBA rules,

<https://www.fiba.basketball/documents/official-basketball-rules/current.pdf>

except for the following amendments:

A. ELIGIBILITY:

- All players must be eligible for the competition as outlined in the SISAC Handbook

B. TEAM COMPOSITION:

- Squad sizes on match days can be up to 12.
- Recommended minimum squad size is 7 for competition.

C. LEAGUE RULES:

- Games will be 4 x 6 minute quarters with stopped
 - No shot clock
- Overtime periods will be 3 minutes (stopped time) and will begin with a jump ball
- Possession Arrow: A jump ball will begin the game followed by alternating possessions for any subsequent jump ball situation.
- Unlimited substitutions are allowed on any whistle, but not between free throws.
- Teams are permitted 2 timeouts in the first half and 3 in the second. These will each last 1 minute.
- If a team is up by more than 10 points, they cannot full-court press*
 - Once possession has clearly been established by a dead ball or made basket, then the opposing team must drop back over half court into their defensive half. If this does not occur, the official shall call a violation and the ball shall go to the team in possession who will inbound in their backcourt.
- Teams should only play 1-on-1 defense (traditionally called man-to-man)
- The team fouls shooting bonus rule will only apply in the 4th quarter.

D. UNIFORMS

- The team's uniforms must be clearly numbered, and every member must have matching top and shorts`
- NO spectacles are allowed (sport goggles/contacts are permitted).

E. EQUIPMENT

- Girls will use a Size 6 ball; Boys will use a Size 7 ball

F. TIE-BREAKING PROCEDURE

1. Head-to-Head result
2. Scored Point differential in games between tied teams
3. Points conceded in games between tied teams
4. Overall point differential in all games
5. Coin Toss
6. Once a three or four way tie is resolved, then the process begins again from step 1 for the remaining teams.

G. PROTESTS

- Protests from core sport games must be submitted to SISAC Exec within 48 hours of the incident/ game.

H. DISCIPLINE

- If a team is forced to forfeit a game, the score will be recorded as a 10-0 loss

viii. *JUNIOR SCHOOL SOCCER*

(BOYS AND GIRLS SEPARATE TEAMS – SPRING AGM 2020)

SISAC Soccer Games will follow official FIFA rules,

<https://downloads.theifab.com/downloads/laws-of-the-game-2022-23?l=en>

except for the following amendments:

- Games will be 7 v 7 (One Goalkeeper + 6 Outfield Players)
- Games will be 20 minutes, no half time.
- Minimum time between games 10 minutes.
- Size 4 balls for G4/5.
- There will be no offside rule applied. Unlimited rolling subs will be used.
- If a player receives a red-card, the SISAC Chair should be informed and the player will miss the next league/playoff game - incident form must be completed.
- Field sizes and goals will vary depending on the host school. The penalty spot should be 7 meters from the goal line.
- Draws are not permitted, in case of tied scores matches will go immediately to penalty kicks
- For safety:
 - Shin guards are required.
 - No regular glasses allowed. Sports glasses only.
 - Goalkeeper must wear keepers gloves and alternative colored jersey.

ix. *JUNIOR SCHOOL (U11) BASKETBALL 5v5*

Basketball (Boys and Girls separate teams – Spring AGM 2020)

SISAC Basketball Games will follow official (2022) FIBA rules,

<https://www.fiba.basketball/documents/official-basketball-rules/current.pdf>

except for the following amendments:

- Games will be 20 minutes with running time except for time outs
- Genders separated – girls able to play in boys division if not enough to form a team.
- Draws are not permitted, in the event of a tie at the end of regulation play, a shootout from the free throw line will be held, with three players from each team involved, progressing to sudden death if still tied
- Fouls on shooting player are 1 point followed by possession change. Shooting fouls on a made basket results in a made basket plus 1 point
- Minimum time between games 10 minutes
- Boys and Girls will use a Size 5 ball
- Possession Arrow: A jump ball will begin the game followed by alternating possessions for any subsequent jump ball situation.

- Unlimited substitutions are allowed on any whistle, but not between free throws.
- Teams are permitted 2 time outs and these will act in lieu of a halftime. These will each last 1 minute.

x. *JUNIOR SCHOOL (U9) BASKETBALL 3v3*

Basketball (Boys and Girls separate teams – Spring AGM 2020)

SISAC Basketball Games will follow official 3x3 (2021) FIBA rules,

<https://fiba3x3.com/docs/fiba-3x3-basketball-rules-full-version.pdf>

except for the following amendments:

- Games will be 10 minutes running time, half time
- No shot clock
- Squad size recommended 4, max 5 players
- Boys and Girls will use a size 5 ball
- Possession Arrow: A coin toss/RSP will begin the game followed by alternating possessions for any subsequent jump ball situation
- Made basket beyond the arc worth 2 points, all other made baskets worth 1 point
- After change of possession, teams must “clear” the ball past the 3-point line or a designated line at the top of the key
- All dead balls and after made baskets restart at the top of the key
- Substitutions occur during dead ball times. Waiting players must substitute on any made basket (both teams)
- Fouls on shooting player are 1 point followed by possession change
- 2 times outs per game
- Officiating:
- Event Set up suggested:
 - Teams set up for pool play – one team from each school at a hoop, round robin, then rotate teams as needed for time constraints
 - For tournament style/championships – pool and then crossover of teams with best records to playoff divisions. Pools based on number of available hoops.

xi. *JUNIOR SCHOOL TOUCH RUGBY*

SISAC Touch Rugby Games will follow official FIT rules,

<https://cdn.internationaltouch.org/public/FIT%205th%20Edition%20Rulebook.pdf>

, except for the following amendments:

A. **MATCH LENGTH**

- Games will be played over 2 halves of 15 minutes each.
- There shall be 5 minutes for half time.

B. **TEAM SIZE**

- Maximum roster size shall be 12 players. Minimum roster should be 8.

- Matches shall be played 6 vs. 6 players

C. **LEAGUE RULES**

- Substitutions
 - An unlimited number of substitutions are permitted in each match.
 - Play does not stop for substitutions.
 - Substitutions shall be allowed at any time during the game.
- Drop off rule for all games. Games do not end in a draw.
- If a team is forced to forfeit a game, the score will be recorded as a 5-0 loss
- (A maximum point differential of 10 points will be used for calculations.)

D. **TIE-BREAKER PROCEDURE**

1. Head-to-head result
2. Try differential between all tied teams
3. Try scored between all tied teams
4. Try differential in all games
5. Try scored in all games
6. Coin toss

*Drop-off: The following procedure will be utilized to establish a single winner:

- At full time each team will reduce their playing numbers by one. Once a player has been removed, the game continues with a tap from the center of the halfway line by the team who won the toss at the commencement of the game.
- Substitution during the Drop Off is permitted in accordance with normal Interchange rules.
- Play continues for 2 minutes
- After 2 minutes of extra time if the scores remain tied each team will drop off a player and the match will recommence from where play was stopped.
- Once teams have reduced to three (3) players no further drop off will occur and the match will continue until a touchdown is scored.

xii. JUNIOR SCHOOL BADMINTON

SISAC Badminton Games will follow official

https://system.bwfbadminton.com/documents/folder_1_81/Regulations/Laws/Part%20II%20Section%201A%20-%20Laws%20of%20Badminton%20-%20June%202016%20Revised%202.pdf

rules,

- Teams must consist of 4 boys and 4 girls – each team will have a boy & girl singles player, a boy and girl mixed doubles player, and 2 boys and 2 girls doubles players.
- Schools must register a full complement of 8 players. If a team has a late injury or sickness and cannot bring a full complement, arrangements will be made to allow a player to substitute as per detailed below.
- At registration of a team, coaches will designate which players will be playing in which events (singles, doubles or mixed doubles). This event designation will be used

throughout the tournament and can only be altered in the case of an injury as per procedure below.

- In the event of an injury or sickness, one of the remaining players will be designated to play all of the remaining matches for the injured player for that day. Should the player not be able to play on subsequent days, the same substitute player must be used for the remainder of the tournament. The selection of the substitute will use the following procedure only:
 1. If the injured player is the singles player or either of the doubles player, they will be replaced by the mixed doubles player.
 2. If the injured player is the mixed doubles player, they will be replaced by either of the doubles players.
 3. The singles player may not be used as a substitute
- If a team has a second injury or sickness that takes their team below 3 boys or 3 girls, that team will forfeit all remaining matches that the second injured player was scheduled to play.
- Tournament Equipment
 - Tournament Shuttles to be used are Mavis 500 Blue Cap (middle)
 - All players must have their own racquets, wear team uniforms and indoor court shoes with non-marking soles.
- Tournament Play
 - A “rubber” between two teams involves a best out of 5 matches. These are:
 1. Girls Doubles
 2. Boys Doubles
 3. Mixed Doubles
 4. Girls Singles
 5. Boys Singles
- Winning team is the team that wins 3-2, 4-1, or 5-0
- All 5 matches must be played out to complete a rubber between each team, as each
 - individual event result as well as the overall team result will be recorded
- Individual events will be recorded separately so that the top two players/doubles teams will be determined from the round robin tournament results
- Matches are the best out of 3 games using the Rally Point scoring system
- Players change ends at the end of each game, and when one side reaches 8 points in the last game.
- The side that wins a game serves first in the following game.
- Players may take a 30 second rest between 1st and 2nd games of a match and 1 minute rest between the 2nd and 3rd games; players may receive coaching in these times but may not leave the court. No coaching

BY-LAW I. INVITATIONAL SPORTS

Member schools may choose to host one-day tournaments for other sports. The rules should be based on standard international federation rules, with adaptations where necessary at the

discretion of the event director. These adapted rules are to be made known to competing schools no less than two weeks prior to the event. If, after the initial staging of an event, SISAC intends to make it an annual event, a set of rules should be decided on during the Spring meeting.

Medals will be given to 1st, 2nd, and 3rd place winners of each age group at invitational competitions.

i. AGE ELIGIBILITY FOR INVATIONALS

Age groups for invitational events will follow those outlined in ByLaw A of this document.

BY-LAW J. CODES OF BEHAVIOUR

i. COACHES BEHAVIOUR

- The intention of SISAC is to promote healthy, competitive sport for our students. Winning should be congratulated, but emphasis should be placed on participation.
- Student-Athletes should be encouraged rather than berated or criticized.
- Be reasonable in your demands of student athletes in terms of playing time, energy and enthusiasm.
- Ensure that each game is a positive experience for the students. The aim is to promote life-long healthy living through the enjoyment and love for sports.
- Avoid criticizing officials. Coaches should set the example to their students. Disputes will be settled between both teams' captains and the officials.
- Ensure that all equipment and facilities are up to health and safety standards.
- Respect the rights and worth of every student-athlete, regardless of their gender, age, ability, ethnicity or religion.

ii. STUDENTS BEHAVIOUR

- Play by the rules of the game and understand that the official's decision is final. If there is a concern, raise this with the team captain who may politely discuss it with the referee.
- Verbal or physical abuse will not be tolerated and will result in expulsion from the game/competition.
- Be sporting. Support other teams as well as your own teammates.
- Be respectful of the coach and all the decisions he/she makes.
- Participate in the sport for your own enjoyment, not due to pressure from outside sources.
- Respect the rights and worth of every student-athlete, regardless of their gender, age, ability, ethnicity or religion

iii. PARENTS BEHAVIOUR

- Encourage your children to participate, but do not force them.
- Understand that they are participating for their own enjoyment, not yours.
- Place emphasis on your child's effort and participation rather than winning at all costs.
- Respect your child's coach and the decisions that he/she makes. Show appreciation for the time and effort that he/she puts into making these events happen.
- Never berate an official – Set a mature example.
- Respect the rights and worth of every student-athlete, regardless of their gender, age, ability, ethnicity or religion

BY-LAW K. HEALTH AND SAFETY

- Students can not wear regular glasses whilst participating in contact and projectile sports, they must wear contact lenses or sports goggles.

APPENDIX: 1

SISAC Underage Athlete Application Form

This document is intended for the application of underage players to join teams they are not eligible under the rules of the SISAC Handbook. Completion of this form and the application is required before players are approved to participate on teams out of the age category requested.

Age Guidelines for SISAC Participation

U9	U11	MS	HS
Primary School Grade 2/3 (Year 3/4) Born in or after 2014	Primary School Grade 4/5 (Year 5/6) Born in or after 2012	Middle School Grade 6-8 (Year 7-9) Born in or after 2009	High School Grade 9-12 (Year 10-13) Born in or after 2004

Guidelines for the purpose of requesting Underage Athletes for participation:

Requests for underage athlete participation should be based upon the philosophy of supporting the participation of the team in question in areas of safety and meeting eligibility requirements for numbers of players. Requests should not be made with the intention of **Competitive Advantage** or **Development of Younger Players**. At no time should younger players take the priority for participation over an eligible age player on a team.

Players will be considered for eligibility based on the following:

- Number of students requested (the guideline should be to meet the minimum required to support the safe participation of the team).
- Age and Grade of the Students (players should be as close to eligible grade as possible)
- The reason for the request for extra students
- Intention of the student participation (Players should not be chosen solely to increase the competitive level of the team at the expense of eligible athlete playing time)

Please complete the following information and submit it to the SISAC Executive for approval.

SISAC Underage Athlete Application Information

School		Athletic Director	
Date		Sport	
Age Group		Gender	
Underage Athlete Information – complete for each athlete requested			
Name	Birth Year	Notes	
Reason for Application for Players:			
Number of Eligible Age Athletes Expected on the Roster:			

